

CAN YOU USE OUR SERVICE?

If you are registered with the G.P practices noted on the next page, you can refer into our service to gain access to a wide range of treatments.



If your G.P. is outwith our catchment area you can use our self-help website resources for free.

AGORAPHOBIA

ASSERTIVENESS

BETTER SLEEP

BINGE EATING

CARERS MENTAL HEALTH

COPING WITH LOSS

HEALTH ANXIETY

MOOD MATTERS

OCD

PANIC AND ANXIETY

PARENTHOOD

PHOBIAS

RELATIONSHIPS

SELF-ESTEEM

SOCIAL ANXIETY

STRESS

TRAUMA

WORRY AND ANXIETY

| G.P. SURGERY | ADDRESS | POSTCODE |
|--------------------------------|-----------------------------|----------|
| Ailsa Surgery | 42 Admiral Street | G41 1HU |
| Arden Medical Centre | 74 Kyleakin Road | G46 8DH |
| Arran Surgery | 40 Admiral Street | G41 1HU |
| Baker Street Surgery | 9 Baker Street | G41 3YE |
| Battlefield Surgery | 148 Battlefield Road | G42 9JT |
| Braidcraft Medical Centre | 200 Braidcraft Road | G53 5QD |
| Butterbiggins Medical Centre | 134 Butterbiggins Road | G42 7AF |
| Cardonald Medical Centre | 1831 Paisley Road West | G52 3SS |
| Castlemilk Health Centre | 71 Dougrie Drive | G45 9AW |
| Croftfoot Surgery | 44 Croftfoot Road | G44 5JT |
| Crookston Medical Practice | 230 Dalmellington Road | G53 7FY |
| Eglington Medical Centre | 658-660 Eglington Street | G5 9RP |
| Farne Drive Surgery | 59 Farne Drive | G44 5DQ |
| Gorbals Health & Care Centre | 2 Sandiefield Road | G5 9AB |
| Govan Health Centre | 5 Drumoyne Road | G51 4BJ |
| Govanhill Health Centre | 233 Calder Street | G42 7DR |
| Grantley Medical Practice | 1 Grantley Street | G41 3PT |
| Hillington Road Surgery | 14 Hillington Road South | G52 2AA |
| Ibroxholm Medical Centre | 532 Paisley Road West | G51 1RN |
| The Ker Practice | 30 Croftfoot Road | G44 5JT |
| Kings Park Surgery | 274 Kings Park Avenue | G44 4JE |
| Kinning Park Medical Centre | 36 Admiral Street | G41 1HU |
| Dr Mair & Partners | 1600-1604 Paisley Road West | G52 3QN |
| Dr Mair & Partners | 45-47 Shaw Street | G51 3BH |
| Merrylee Medical Centre | 142 Clarkston Road | G44 3DH |
| Midlock Street Medical Centre | 7 Midlock Street | G51 1SL |
| Mount Florida | 183 Prosepcthill Road | G42 9LQ |
| Nithsdale Road Surgery | 162 Nithsdale Road | G41 5RU |
| The Park Surgery | 7 Baker Street | G41 3YA |
| Pollok Health Centre | 21 Cowglen Road | G53 6EQ |
| Pollokshaws Health Centre | 26 Wellgreen | G43 1RR |
| Queens Park Medical Practice | 181 Queens Drive | G42 8QD |
| Regency Medical Practice | 80 McCulloch Street | G41 1NX |
| Rutland Surgery | 24 Govan Road | G51 1HS |
| Shawlands Surgery | 1413 Pollokshaws Road | G41 3RG |
| Shields Medical Practice | 80 McCulloch Street | G41 1NX |
| The Crescent Practice | 12 Walmer Crescent | G51 1AT |
| | 14 Hillington Rd S Glasgow | G52 2AA |
| The Surgery | 123 Kilmarnock Road | G41 3YT |
| Thornliebank Health Centre | 20 Kennishead Road | G46 8NY |
| Thurston Road Medical Practice | 140 Thurston Roa | G52 2AZ |
| Toryglen Medical Centre | 209 Glenmore Avenue | G42 0EH |
| Waverley Park Medical Practice | 19 Dinmont Road | G41 3UJ |
| Westfield Health Centre | 71 Hillington Road South | G52 2AE |